

MEDICAL DIRECTORY

paid advertising

ACUPUNCTURE CHINESE MEDICINE

CASCADE ACUPUNCTURE CENTER

Hood River, The Dalles & Stevenson
Acupuncture, Allergy Elimination, Custom Chinese Herbs and Massage
www.CascadeAcupuncture.org

40+ Years of Combined Experience

- General Acupuncture Practice with a focus on Pain Management
 - Effective treatment style, using points below the elbows and knees
 - Treatments in Recliner Chairs with massage and heat
 - Chinese Herbal Pharmacy, Nutritional Products
 - Accept and bill most insurances, Worker's Comp, PIP claims
 - Sliding Fee Scale, monthly payment plans, VISA/MC
 - Wheelchair accessible locations, free customer parking
- Monday - Saturday
No physician referral needed
New Patients welcome
104 5th Street, Hood River (541) 387-4325

1712 E 12 St., The Dalles (541) 298-2378

40 SW Cascade Ave. #40, Stevenson (509) 637-3163

COLUMBIA RIVER ACUPUNCTURE, LLC
Susan Froehlich, LAc, MAcOM
Charles Cannon, LAc, MAcOM
Traditional Chinese Medicine is a complete medical system, including acupuncture, herbs, tuina and Qigong. We treat all conditions, such as:

- Pain - Sports injuries, acute & chronic pain, migraines.
- Spinal cord injuries & stroke sequelae
- Chronic Conditions
- Emotional Disorders
- Allergies
- Digestive Conditions
- Women's health, infertility
- Immune enhancement
- Chinese Herbal Pharmacy & nutritional supplements

- Locations are wheelchair accessible
- Most insurance/workers comp./PIP accepted & billed

Open Mon - Sat, by appointment

TWO LOCATIONS:
700 E. Port Marina Drive, Hood River
302 E. 2nd St., Mosier
541-386-8767

CARDIOLOGY

COLUMBIA GORGE HEART CLINIC — HOOD RIVER

Kathy Grewe, MD FACC
Robert Florek, MD FACC
Laura Whiting, PA-c
1108 June Street,
Hood River, OR 97031
541-387-1950

White Salmon:
Kathy Grewe, MD FACC
211 NE Skyline Drive,
White Salmon, WA 98672
541-387-1950

CLINICS

ONE COMMUNITY HEALTH
849 Pacific Ave, Hood River
541-386-6380

1040 Webber Street, The Dalles
541-386-6380

Helping you meet your health goals:

- Dentists & Hygienists
 - Nurses/Nurse Practitioners
 - Physicians Assistants
 - Physicians
 - Family medicine
 - Obstetrics & Gynecology
- Join the Community
- Call Today.

COLUMBIA GORGE FAMILY MEDICINE

1750 12th Street
Hood River, OR 97031
www.cgfm.com
541-386-5070
Elizabeth Foster, MD
Steve Becker, MD
Kristen Dillon, MD
Tony Gay, MD
Megan Barton, NP
Ingrid Flanders, NP
Clara DeLeon, PA
David MacNally, PA
Tyler Gray, MD

Regular Hours
Weekdays until 5 pm

Acute Care
Open to public
for minor illnesses
Walk-ins welcome
Weekdays 5-7 p.m.
Sat 8 a.m. - 2 p.m.

DERMATOLOGY

HOOD RIVER DERMATOLOGY
LUKE SLOAN, MD
MELISSA ARNDT, PA-C
917 11th Street Hood River

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Accepting new patients

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WHITE SALMON DENTAL CARE

Quality Dentistry in a Comfortable Setting
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White Salmon, WA 98672
509-493-4546

- General Dentistry for Adults and Children
- Emergency Care and New Patients Welcome
- Diagnostic and Specialist Referral Service
- Professional and Caring Staff
- Tuesday - Friday 7am to 4 pm

DENTISTRY ORTHODONTICS

GORGE ORTHODONTICS, LLC

James Bickler, DMD
James E. West, DDS
1625 E. 12th Street The Dalles
541-298-4072
1002 10th Street, Suite 2
Hood River, 541-386-5800

- Specialist in Orthodontics
- Braces for Children and Adults
- Referrals Not Required
- Free consultations

Interest-Free Financing
www.gorgeorthodontics.com
Hablamos español

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A KIDZ DENTAL ZONE HAPPY KIDZ, HEALTHY SMILES, FOR A LIFETIME!

Specialist in comprehensive, compassionate pediatric dental care for ALL Children (Birth to 21 years)

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- Sedation
- Hospital Care
- Growth & Development
- Braces

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Hood River, OR 97031
Hood River 541-387-8688
The Dalles 541-296-8901
www.akidzdentalzone.com

EAR, NOSE, THROAT ALLERGY

COLUMBIA GORGE ENT & ALLERGY

Matthew D. Proctor, MD
Daniel E. Cannon
Providence Hood River ENT
at Columbia Gorge ENT
Steven M. Olsen, MD

Specializing in medical and surgical treatment of adult and pediatric ear, nose, and throat disorders, including:

- Allergy testing & immunotherapy management
- Endoscopic sinus surgery
- Sinus problems
- Chronic ear disease
- Hearing testing
- Tonsillectomy, adenoidectomy
- Ear tubes for chronic ear infections
- Thyroid surgery
- Head and neck cancer
- Facial & reconstruction surgery

1619 Woods Ct. Hood River
541-386-5119
1815 E. 19th Street, Suite 1
The Dalles, 541-298-5563

FAMILY PRACTICE

PROVIDENCE MEDICAL GROUP — HOOD RIVER FAMILY MEDICINE

Maria McCormick, M.D.
Mike Hobbis, M.D.
Janet Sjoblom, M.D.
Stacey Campbell, PA

1304 Montello Ave
Hood River, OR 97031
541-387-1300

FAMILY MEDICINE OBSTETRICS

Summit Family Medicine
Family-centered medical care throughout all the seasons of life
Including family-centered maternity care

AAFP Board-Certified physicians:

- James Brauer, M.D. (541) 386-3883
- James Pennington, M.D. (541) 386-2204
- Laura Starrett, M.D. (541) 386-0007
- Richard Starrett, M.D. (541) 386-0007
- C. Nic Buser, M.D. (541) 386-2204

Certified Physician Assistant:

- Robert J. Fiske, PA-C (541) 386-3626

1021 June Street, Hood River
8am-5pm M-F, same-day urgent care appointments available

The specialty of family medicine trains us to care for the whole person, and the whole family, physically, spiritually and emotionally. Let our family take care of yours

Se habla español

NorthShore Medical Group
Open Saturdays
Weeknights until 7 p.m.
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White Salmon, WA 509-493-2133
875 Rock Creek Drive SW
Stevenson, WA 509-427-4212
www.northshore-medical.com

HEARING TESTING/ HEARING AIDS

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Clinical Audiologist

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- Hearing aid fitting, repair and follow-up

Providence Hood River Memorial Hospital
810 12th St., Hood River, OR 97031
541-387-1346
www.providence.org/hoodriver

HOSPICE

PROVIDENCE HOSPICE OF THE GORGE
Serving residents of the Gorge for more than 30 years.

- A local, multidisciplinary team of experts led by board certified hospice and palliative care physicians
 - Open access to care, no matter where your physician is employed
 - Nursing support available around-the-clock
 - Relationships with all community primary and specialty care providers
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- Please call us for more information or to schedule a free consultation
1630 Woods Court
Hood River, OR 97031
541-387-6449
866-680-6449
www.providence.org/hospice

HEART OF HOSPICE HEART. It's in our name, it's in our care.

- Started and managed by local Hospice nurses who understand pain management, aging and terminal illness.
- Known for our compassion, Heart to Heart care, and honoring our patient's end of life choices.
- There is never a charge for our services, no charge, no co-pay.
- The only VA 4 Star certified Veterans provider in the Columbia Gorge.

- Licensed by Medicare and accredited/licensed in Oregon and Washington.

- No charge for a referral and Registered Nurse consultation, investigate your choices before deciding on a Hospice.

Serving all patients from all providers and all facilities in the Gorge area.

Hood River: 541-386-1942
The Dalles: 541-296-2289
Toll Free: 888-882-1942

Meet our team of caregivers and see "How to Choose a Hospice" On Line at:
www.HeartOfHospice.org

INTERNAL MEDICINE

PROVIDENCE MEDICAL GROUP — HOOD RIVER

Michelle Edwards, PA-C
Molly Olsen, M.D.
Jodi Ready, M.D.
Stephen Vogt, M.D.
Karen Ikins, NP
Specializing in medical care for adults.
Welcoming new patients

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OR 97031 541-387-6125

INTERVENTIONAL PAIN MANAGEMENT

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Board Certified in PM&R and Pain Management
Trey Rigert, MD
Board Certified in PM&R
Laura Scobie, PA-C
Holly Agnor, PA-C
Cindy Nimmo, FNP
Michelle Smith, MD
Occupational Medicine, Guided Imagery, Pain Management
Jessica Russo, MSW, CSWA
Clinical Social Worker
Angela L. Aurit, CADC-2

Drug & Alcohol Counselor Offering:

- Comprehensive diagnosis and treatment of acute & chronic pain.
- EMG & Nerve conduction testing.
- Ultrasound, X-ray guided, minimally invasive treatment for spine, joint and nerve pain
- Industrial injury evaluations
- Interactive Guided Imagery
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Hood River, OR 97031
541-386-9500
www.columbiapain.org

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PROVIDENCE GORGE COUNSELING & TREATMENT CENTER

Elizabeth Chambers, MD

Psychiatrist - Child & Adolescent

Daniel McCabe, M.D.

Psychiatrist

Shelley (Michelle) Smith, M.D.

Medical Provider, Interactive Guided Imagery

David Henehan, PhD

Clinical Psychologist

Jenny Clark, LCSW

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Linda Torres De Guzman, LCSW

Licensed Clinical Social Worker

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Mental Health Provider

Fluent in Spanish

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Certified Alcohol and Drug Counselor

- Individual, Couples and Family Counseling
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OR 97031 (541) 387-6138 or
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Naturopathic family medicine

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• Pediatric, women and men's health

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Chiropractic family practice since 1978

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Elaine Adsit, M.D.

Michele Bouche, C.N.M.

Cara Streit, M.D.

Charlie Chambers, M.D.

• Complete Women's Health Care

• Gynecologic Surgery

• Obstetrics

• Ultrasound

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Hood River, OR 97031

541-387-8940

www.providence.org/hoodriver

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Christie Smith, RN

• Occupational health screenings and evaluations

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• Travel vaccinations

- and prescriptions
- Assisting employers and workers with on-the-job injuries

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Hood River, OR 97031
(541) 387-6391

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Dr. Christine Lin, MD

Dr. Rui Li, MD

Board certified in Oncology & Hematology.

Providing comprehensive cancer care in the Columbia Gorge

810 12th Street
Hood River, OR 97031
(541) 387-1338

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Optometric Physician

Dr. Jeffery Pulk

Optometric Physician

• Comprehensive vision care for all ages

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• Eyewear to fit your style and your budget

Hood River

2025 Cascade Ave. #101

Hood River, OR 97031

(541) 386-2402; (877) 386-2402

The Dalles

301 Cherry Heights Road

The Dalles, OR 97058

(541) 296-1101; (800) 548-5487

CASEY EYE INSTITUTE-OREGON HEALTH & SCIENCE UNIVERSITY

Daniel J. Kelly, M.D.

Comprehensive Ophthalmology

Steven Bailey, M.D.

Retina

Eric Steele, M.D.

Oculoplastics

The Dalles

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Focused on personalized comprehensive eye care for all ages. Local, sustainable and community oriented

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541-386-1700 www.icfec.com

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SPORTS MEDICINE

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Hood River, OR

541-387-1337

or 1-800-955-3911

www.providence.org/orthopedics

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Rebecca Rawson, FNP

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Team-based care for all ages treating a wide range of orthopedic issues with expertise in:

• Acute fracture care and trauma

• Arthroscopic surgery of knees, shoulders, and other joints

• Carpal tunnel release and hand surgeries

• Joint replacements of shoulder, knee, hip

• Shoulder surgery

• Sports medicine

CASCADE ORTHOPEDICS & SPORTS MEDICINE CENTER, PC

541-296-2294

Appts available in: The Dalles, Hood River, White Salmon

www.cosmc.org

Gregory M. Stanley, MD

Sports Medicine Fellowship

Charles Petit, MD

Sports Medicine Fellowship

MEDICAL DIRECTORY

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Continued

from previous page

Medicine trained specialists on site.

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- Carpal tunnel release (traditional & endoscopic)
- Foot & ankle surgery
- Fracture care
- Arthritis & joint replacement surgery

Serving the Gorge for 35+ yrs.

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PEDIATRICS &
ADOLESCENT
MEDICINE**

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**RICH MARTIN, D.O.,
MPH, PEDIATRICIAN**

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Hood River, OR

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- Welcoming new patients from birth through 21 years old.
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- Accepts most insurance plans including OR/WA State Health Plans.
- Office staff fluent in Spanish.
- Same day sick visits, please call early in the day.
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Services:

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- MLS Laser Therapy Treatment. Painlessly & effectively relieves pain associated with arthritis & bursitis, tendonitis, sprains and strains, sports injuries, post-surgical swelling and occupational injuries
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541.386.1006
541-386-1284 Fax
www.mthoodpodiatry.com

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MEDICAL IMAGING,
LLC
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M.D.**

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Dan Sager, M.D.**

-Acute and chronic pain

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Welcoming new patients

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RIVER**

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Cory Johnston, MD

Cully Wiseman, MD

Olivia Ullrich, NP

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/hoodriver

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at 541-386-1234**